

January is
Birth Defects
Prevention
Month

...but **any**
month is the
month to
prevent birth
defects.

take a multi-
vitamin
with folic acid
daily

don't smoke
or drink
alcohol

see your
doctor
regularly

Whether or not you are planning a pregnancy,
now is the time to prevent birth defects.
Visit www.marchofdimies.com and www.cdc.gov/ncbddd
to learn more about preventing birth defects.



Indiana's Children Need Your Help

To best serve the children of Indiana,
we need accurate data on birth problems.

How can you help?

By reporting birth problems to the Indiana
State Department of Health.

How to report?

Log into Indiana Health Data Center Gateway at:
<https://healthdatacenter.isdh.in.gov/>
using your registered
username and password.

If you have not already registered at this Web site, register by clicking
“create a new account” (located mid-right of the page).
For security code, refer to instructions sheet sent by the Indiana State
Department of Health or call 1-888-815-0006.
Help us better serve children with special needs.

Remember, *it's the law!*



Indiana State
Department of Health

***Reporting Criteria**

- Report birth problems for children up to the age of three.
- *Exceptions:* Report Fetal Alcohol Spectrum Disorders and Pervasive Developmental Disorders up to age five.